

Dabur Chyawanprash

Dabur Chyawanprash is an Ayurvedic formulation which was founded almost 2500 years earlier. This is an all- natural food item.

Form: Semi- solid

Taste: Tangy and pepper Type: Health supplement Gender: Both men and women Suitable for: Both children and adults

Package content: 500 gm Chyawanprash in an airtight container

Ingredients

Dabur Chyawanprash is made with 100% pure ingredients. The herbal potent is made with 41 exotic herbs. This include

- Amla
- Bilya
- Pippali
- Brahmi
- Gokshura
- Yashtimadhu

Health Benefits

Dabur Chyawanprash ensures overall health of the user. The food item offers the following health benefits.

- Boosts the immunity
- · Reduces chances of cough and cold
- Known to improve the skin complexion
- Known to balance the cholesterol levels
- Can reduce chances of premature aging
- Safeguards the body from infections caused by microorganisms or weather change

Features

Dabur is a household name in India. The brand is known for its wide range of food and beauty products. Dabur Chyawanprash

- Is 100% herbal
- Is not known to contain any chemical



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Dose

Dabur Chyawanprash should be consumed after consulting a physician. Chyawanprash is generally taken in the following ways.

- · Have 2 tablespoons in a day for adults
- Have it once in morning and once at night
- 1 tablespoon at one time for children above the age of 3 years
- Have Chyawanprash with warm milk or water

Tips

Dabur Chyawanprash can stay fresh and edible for long if the following tips are followed.

- Keep in the provided airtight jar
- Store at a cool and dry place; under ambient temperature

Warning

- Do not expose to direct sunlight
- Do not exceed the recommended dose
- This is a health supplement and should not be considered as a medicine

Legal Disclaimer: Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.